

ONLINE HIGH HOLY DAYS 2020/5781



The High Holy Days will certainly look different this year. Like everything else in our community and around the world, we have needed to adapt to the pandemic holding pikuach nefesh (the saving of lives), as our highest priority. This is nothing new for our people. Over the many generations of our people, we have had to acclimate to new challenges and unmapped landscapes. Today, however, while we have sheltered in the corners of our cities, we have the power to communicate in unprecedented ways. These High Holy Days we will be apart, but we will very much be together.

We want everyone to be able to access services to the full extent possible. If we can be helpful in any way to help set up the technology for you or your loved ones, please call the office.

Rabbi Scott Fox

HIGH HOLY DAYS SCHEDULE

This year we will be offering our High Holy Days Services via Youtube and Facebook. We will also have forums and programming on both Rosh HaShanah and Yom Kippur that will be offered via Zoom. Rosh HaShanah and Yom Kippur Forums will be offered in 2 sessions, 12:30 pm and 2:00 pm.

(Links to the Temple Israel YouTube Channel and Facebook Page are available online)

Friday, September 18

Erev Rosh HaShanah

7:00 pm Evening Service

Saturday, September 19

Rosh HaShanah Day

10:00 am Morning Service

12:30 pm Forums and Discussions A (Zoom)

2:00 pm Forums and Discussions B (Zoom)

7:00 pm Teshuvah and Transition: Tashlich (Zoom)

7:30 pm Rosh HaShanah Havdalah (Zoom)

Sunday, September 27

Erev Yom Kippur - Kol Nidre

7:00 pm Evening Service

Monday, September 28

Yom Kippur Day

10:00 am Morning Service

12:30 pm Forums and Discussions A (Zoom)

2:00 pm Forums and Discussions B (Zoom)

4:00 pm Yizkor Memorial Service

4:30 pm Healing Service

5:15 pm N'ilah

6:45 pm As the Gates Close -

Yom Kippur Havdalah (Zoom)

FAMILY PROGRAMMING

Rosh HaShanah - Saturday, September 19

Online Rosh HaShanah Family Service (Park-Style)

12:30 pm Service led by Sharon Amster Brown

2:30 pm Family Programming

Yom Kippur - Monday September 28

10:00 am Family Programming

2:30 pm Family Service

TEEN PROGRAMMING

Rosh HaShanah - Saturday, September 19

Yom Kippur - Monday September 28

2:30 pm





PROGRAMS AND SERVICES

Rosh HaShanah – Friday & Saturday September 18 & 19

Literally means “Head of the Year” and refers to the beginning of a new Jewish year. It provides an opportunity for each of us to reflect upon our actions of the preceding year.

Kol Nidre – Sunday, September 27

Kol Nidre means “all vows.” This solemn prayer is chanted at the beginning of the Yom Kippur Evening Service. It is a time to “let all vows, oaths, and promises that we make to you, O God, between this Yom Kippur and the next, be excused should we, after honest effort, find ourselves unable to fulfill them.”

Yom Kippur Day – Monday, September 28

The Day of Atonement is considered the holiest of days on the Jewish calendar. This is the time when we traditionally ask for forgiveness for our transgressions during the past year, and to be sealed in the Book of Life for the ensuing year.

Yom Kippur Forums – Monday, September 28

Facilitated topical group discussions about current social issues viewed from a Jewish perspective, led by our members.

Sukkot – Friday & Saturday, October 2 & 3

During this “Festival of Booths,” we commemorate the safe passage made by the Israelites through the desert and also give thanks for a plentiful fall harvest.

Simchat Torah – Friday & Saturday, October 9 & 10

This is the joyous festival when we “rejoice in the Torah.” During the Service, we read the last section of the Book of Deuteronomy and the beginning of the Book of Genesis as an affirmation of our commitment to celebrate and learn Torah. Yizkor will be recited at the Monday Morning Service.



HIGH HOLY DAYS FORUMS

You will be able to choose two of the following during Rosh HaShanah and Yom Kippur. Each forum will be offered twice 12:30 - 1:30 pm and 2:00 -3:00 pm

Rosh HaShanah Forums

Theme: The ART of Forgiveness

Explore the theme of forgiveness in the arts.

Works in each field will be discussed.

Cinema with Adolfo Guzman Lopez

Literature with Donna Mitnick

Theatre (Musical) with Gail Levy

Theatre (Non-Musical) Anne Gundry and David Hillinger

Visual Arts with Linda Fox

Yom Kippur Forums

Jonah with Amy Lipeles

The book of Jonah is read worldwide in all branches of Judaism on Yom Kippur afternoon. Why is it read at that time and how is it relevant to our lives?

Accounting - How can I afford apples and honey in the new year? with Renee Florsheim

Explore how a pandemic and BLM might affect businesses through the lens of traditional Jewish values.

Xenophobia - Challenging Biased Language with Amber Vera Mendoza

Discussing and reflecting on our attitudes, behavior and language regarding issues of bias.

Forgiveness - How? with Jim Linden

One is encouraged to forgive. Explore how to get to that place mentally and then follow through.

Rest - Meditation with Kristina Shafton

Time to clear your mind. This session will not be full of heavy discussion and didactic - just rest and meditation.

**ZOOM LINKS TO BE PROVIDED
IN THE UPCOMING EMAILS**

Rick Fahlk Memorial HIGH HOLY DAYS FOOD DRIVE

THIS YEAR DRIVE-BY, DROP OFF AND DONATE!
SEPTEMBER 22, 23, 24 ~ 10 AM - 4 PM

It's that time of year where we gather food for those less fortunate.

Because we will all be observing Yom Kippur from our homes this year, the Rick Fahlk Memorial High Holy Days Food Drive will have new ways to participate, keeping your safety in mind. On 3 days leading up to Yom Kippur, Tuesday thru Thursday, September 22, 23, & 24, we'll have a DRIVE BY, DROP OFF & DONATE event in front of TI! **Hours of Event: 10:00 AM – 4:00 PM.**

HERE'S OUR CHANCE TO HELP!

This year, the food will be donated to the food banks at both campuses of Long Beach City College, where there is an ever-growing need to feed hungry and homeless students. Many school programs have been cut or are not functioning due to COVID. See the SUGGESTED FOOD LIST below. Protein and any kind of individually wrapped or small package items are also needed.

DON'T FEEL COMFORTABLE DROPPING OFF?

MAKE A DONATION TO OUR HOMELESS ASSISTANCE FUND!

All donations made to this fund between now and Simchat Torah will be used to buy food to feed the hungry and homeless in the Long Beach area. Please include on your check's memo - "HH Food Drive" or contact the Temple Office to make your donation with a credit card.



SUGGESTED FOOD ITEMS

- Microwavable meals
- Boxed/Instant Dinners
- Mac & Cheese, chili, etc.
- Oatmeal, cereal
- Beans, Rice, Pasta, tortillas
- Crackers, ramen, pancake mix
- Canned fruit & veggies (corn)
- Pasta Sauce, oil, mayo
- Can/pkg tuna, chicken, salmon, etc.
- Peanut Butter, Jelly
- Grab & Go snacks, granola bars
- Boxed milk, almond, soy, evap, etc.
- Soup: cups /canned
- Baby food

NO GLASS PLEASE

FAMILY PROGRAMMING

Rosh HaShanah - Saturday, September 19

Online Rosh HaShanah Family Service (Park-Style)

12:30 pm Service led by Sharon Amster Brown

2:30 pm Family Programming (Zoom)

(Choice between Arts & Crafts or Interactive Games)

Yom Kippur - Monday September 28

10:00 am Children's Programming
(K-2 & 3-6 Grade, on Zoom)

2:30 pm Yom Kippur Family Service

SUPPLIES FOR ROSH HASHANAH ARTS & CRAFTS PROGRAM

Rosh HaShanah Greeting Cards:

yellow paint, crayon or marker

black marker or sharpie

bubble wrap (if you have it)

white card stock or construction paper

Apple Centerpiece:

1 sheet of long red construction paper

1 sheet of long green construction paper

Paper towel or toilet paper tube

scissors and glue or tape



TEEN PROGRAMMING

Rosh HaShanah - Saturday, September 19

Yom Kippur - Monday September 28

2:30 pm on Zoom

SUPPLIES FOR YOM KIPPUR

Join Us For This Yom Kippur Art Project

Items Needed:

Set of watercolor paints

watercolor paper (or any paper you can paint on)

pen and paper

SUPPLIES FOR ROSH HASHANAH TEEN PROGRAM

Make Honey Cake with Us

1 ½ cups honey

¾ cup vegetable oil

1 cup coffee

2 tsp vanilla

3 ¾ cups flour

1 ½ tsp baking soda

1 tsp baking powder

2 tsp ground cinnamon

½ tsp ground ginger

¾ cup each walnuts and raisins (optional)

3 eggs

¾ cups sugar

Caramelized apple topping ingredients

1 apple, cored, peeled, and sliced

1 ½ tbsp butter

1 tbsp brown sugar

Dishes/tools

Access to oven & stovetop, 1 saucepan, 1 large bowl, 1 medium bowl, Egg beaters/electric mixer, Wooden spoon, Whisk, Measuring tools



